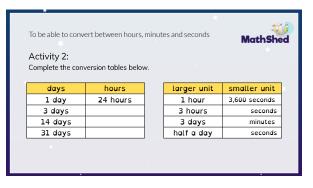
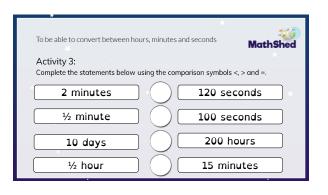
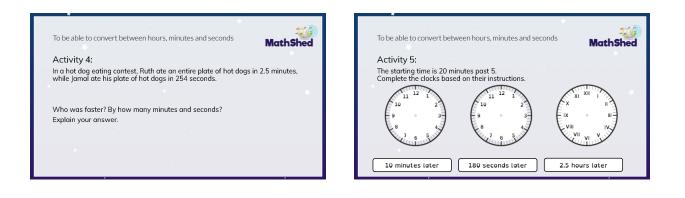
To be able to convert between hours, minutes and seconds					
Starter:					
Thinking about how long these activities last, which one doesn't belong?					
washing hands watch a TV show bake a loaf of bread game of sports					
Explain your answer.					

To be able to convert between hours, minutes and seconds  Activity 1: Complete the conversion tables below.						
minutes	seconds		hours	minutes	k.	
1 minute	60 seconds		1 hour	60 minutes		
3 minutes			5 hours			
6 minutes			24 hours			
30 minutes			40 hours			
•				·	-	







## To be able to convert between hours, minutes and seconds



Activity 6:

Yasmin, Ahmed and Chen are comparing how long they spend on their rowing

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- a) If they were working as a team, how long did they spend on the rowing machines in total?
- b) What is the difference between the person with the longest time and the person on the shortest time?

To be able to convert between hours, minutes and seconds



## Activity 7:

Four friends are driving from different places to meet at a beach house. Ruth says, "My drive will take 480 minutes." Jamal says, "It will take me 1 ¾ days to cycle there." Yasmin says, "My drive will take twice as long as Ruth's drive." Chen says, "My drive will take 1 ½ hours less than Yasmin's drive."

Calculate their journey times and then put them in order from shortest to longest. Explain your answer.

